



Decision Making 101 is a method to help people make better decisions.

Decision Making 101 worksheet is a ready-to-use worksheet.

DM101:

IF unsure, say “I don’t know. Let me think about it.”  
Compare Options.

PS123,BB

Problem. Solutions123. B/BB.Truth



Define the problem.  
What is your goal?  
How do you get there?  
What are your options?  
What are the pros and cons?

IF unsure when driving, STOP: check the map.

IF unsure when deciding, STOP: compare options.

TEST the thought. BB. Truth/God says...

TEST the action. BB. IF → THEN → THEN +pros. -cons.

IF I do This THEN (short-term) THEN (long-term): +pros. -cons.

Choose the best option.