

PROBLEM: _____
QUESTION: _____

SOLUTIONS: WRITE all the options FIRST Then → +pros. -cons. (c)concerns

D1. option1: _____

D2. option2: _____

D3. option3: _____

D4. option4: _____

D5. option5: _____

D6. option6: _____

main Goals,Needs,Purpose: _____

specific GOAL,NEED: _____

criteria (if helpful): _____

D+ best option: _____

Reason: _____

Step1: _____

Step2: _____

Step3. _____

NOTES: (optional) •B.Thought. BB.Truth. •(c)concern BB.Truth •BB. IF This then That.



You can start here if emotions are involved.

TEST the Thought, Statement. T/F

C. Feeling: _____

(why?) → _____

A. Situation: _____

-cons. +pros. _____

B. Thought: _____

(T/F) _____

BB. Truth: _____

BB. God says... _____

D+ good action: _____

😞 my attitude: _____

😊 good attitude: _____

PROBLEM: _____

Question: _____

SOLUTIONS: D1. option1 → (Short-Term result) → +pros. -cons. (c)concerns. \$cost. •irrelevant

D1. option1

\$

Motive: _____

BB1.God says...

Criteria (_____)

D2. _____

main Goals,Needs: _____

specific Goal, Need: _____

D+ do best option: _____

Reason: _____

Step1: _____ Step2: _____ Step3. _____

(You can use goals and main pros and cons as criteria). Is this wise? Is this agape love?

WRITE CRITERIA and compare options. Is this beneficial? Is this God-pleasing?

Specific Goal/Need: _____

ABCD or 54321, +/- criteria.	options:	D1.	D2.	D3.	D4.	D5.	D6.
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
Short-Term (duration):	word (5min)						
Motive:	word						
a (c)concern (-5 to 0):	word (impact)						
•IRRELEVANT:	word						