

**PROBLEM:** \_\_\_\_\_

(WANT / GOAL): \_\_\_\_\_

**QUESTION:** \_\_\_\_\_

**SOLUTIONS:** **WRITE all options FIRST** Then → **+pros. -cons. (c)concerns** for each option

D1. option1: \_\_\_\_\_

D2. option2: \_\_\_\_\_

D3. option3: \_\_\_\_\_

D4. option4: \_\_\_\_\_

D5. option5: \_\_\_\_\_

D6. option6: \_\_\_\_\_

main Goals,Needs,Purpose: \_\_\_\_\_

specific GOAL,NEED: \_\_\_\_\_

criteria (if helpful): \_\_\_\_\_

D+ best option: \_\_\_\_\_

Reason: \_\_\_\_\_

Step1: \_\_\_\_\_ Step2: \_\_\_\_\_ Step3: \_\_\_\_\_

B/BB: (as needed) \_\_\_\_\_

**TEST the THOUGHT. T/F** **B.Thought** → **BB.Truth** BB. IF this then +pros -cons.

  IF strong emotion or doubt is present, THEN test the thought before choosing the D+ action.

C. Feeling: \_\_\_\_\_ (why?) →

A. Problem/Situation: \_\_\_\_\_

-cons. +pros. \_\_\_\_\_

B. Thought (T/F): \_\_\_\_\_

BB. Truth: \_\_\_\_\_

BB. God says... \_\_\_\_\_

D+ good action: \_\_\_\_\_

B. \_\_\_\_\_

BB. \_\_\_\_\_

 my attitude: \_\_\_\_\_

 good attitude: \_\_\_\_\_

**PROBLEM:** \_\_\_\_\_

Question: \_\_\_\_\_

**SOLUTIONS:** D1. option1 → (Short-Term result) → +pros. -cons. (c)concerns. \$cost. •irrelevant

D1. option1

\$

Motive: \_\_\_\_\_

BB. God says...

Criteria ( \_\_\_\_\_ )

D2. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

main Goals,Needs: \_\_\_\_\_

specific Goal, Need: \_\_\_\_\_

criteria: \_\_\_\_\_

D+ do best option: \_\_\_\_\_

Reason: \_\_\_\_\_

Step1: \_\_\_\_\_

Step2: \_\_\_\_\_

Step3: \_\_\_\_\_

(You can use goals and main pros and cons as criteria).

Is this wise? Is this agape love?

**WRITE CRITERIA and COMPARE options.**

Is this beneficial? Is this God-pleasing?

Specific Goal/Need: \_\_\_\_\_

ABCDEF or 54321, +/-

criteria. options:

	D1.	D2.	D3.	D4.	D5.	D6.
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

Short-Term (duration):

word (5min)

Motive: \_\_\_\_\_

word

a (c)concern (-5 to 0):

word (impact)

•IRRELEVANT: \_\_\_\_\_

word