

COMPARE OPTIONS

PROBLEM,concern: _____

(WANT / GOAL): _____

QUESTION: _____

SOLUTIONS: D1. option1 → (Short-Term result) → +pros. -cons. (c)concerns. \$cost. •irrelevant

D1. option1: _____

D2. option2: _____

D3. option3: _____

D4. option4: _____

D5. option5: _____

D6. option6: _____

Motive: _____

main Goals,Needs,Purpose: _____

specific GOAL,NEED,WANT: _____

criteria (if helpful): _____

D+ Best option: _____

Reason: _____

Step1: _____ Step2: _____ Step3: _____

WRITE CRITERIA and COMPARE options.

(You can use goals and main pros and cons as criteria).

Is this wise?

Is this agape love?

Is this beneficial?

Is this God-pleasing?

ABCDEF or 54321, +/-	D1.	D2.	D3.	D4.	D5.	D6.
criteria.						
options:						
1						
2						
3						
4						
5						
6						
7						
8						
9						
10 concern (0 to -5)						
11 motive						
12 irrelevant						

TEST THE THOUGHT

B=Thought. BB=Truth.

Use this section when strong emotion or uncertainty is involved. (decision process: A → B → C → D)

C. Feelings: _____ C → why? because of A and B

A. Problem: _____

B. Thought: T/F _____

BB. Truth: _____

BB. God says... _____

D+ Good action: _____

D+ Compare Options (page 1). write question, options D1. D2. D3. pros cons and goal.

☹️ my attitude: Ba. _____

😊 good attitude: BBa. _____

Thankful for: _____

Pray for: _____

MORE TOOLS.

ST = Short Term LT = Long Term

QUICK TEST: IF → THEN → THEN. BB. IF I do This THEN (ST) _____ THEN (LT) +pros. -cons.

TEST premise: B. T/F IF this then that.

BB. Truth: _____

B. T/F IF this situation then (I must) do that.

BB. Truth: _____

TEST advice or opinion or statement:

B. He says "an opinion or statement" T/F

☹️ Ask: "why?" (get his reasons).

=B. That statement means/implies This statement ...

BB. Truth: _____

☹️ Say: "Interesting." or "That's one option."

☹️ Say: "I don't know. Let me think about it."

(=B. in other words...) (=B. so you're saying...)

(maybe he's right, maybe he's wrong)

TEST action (also use to TEST advice/opinion)

BB. IF I do This then +pros. -cons.

BB. IF I do That then +pros. -cons.

Therefore → D+ Best action: Do This → best results (most pros, least cons)

(Try best option → evaluate results, pros/cons → improve with new options)

B. Question. (e.g. "Should I do this?")

BB. IF This situation then +pros. -cons.

BB. IF That situation then +pros. -cons.